



# Burnsville Girls Track & Field Mother Daughter Fun Day Dad's and sons are welcome, too!

**When:** Saturday, May 7<sup>th</sup> 10:00am to 1:00pm

**Where:** Nicollet Junior High School

**Why:** To help promote wellness, active lifestyles, and the sport of track and field to all members of the community. *A portion of the proceeds will go to the American Cancer Society.*

**Cost:** **\$10 per person** (cost includes a pink t-shirt to help celebrate our mom's one day before Mother's Day)

**Due:** Completed registrations are due on or before **Friday, April 29<sup>th</sup>**

**Schedule:**

- 9:45** Check-in
- 10:15** Zumba! Led by certified Zumba instructor, Deb Preachuk
- 11:00** Mother Daughter Fun Run/Walk (1 mile)
- 11:30** Finish line picture
- 11:45** Various Track and Field competitions (youth and adult)
  - Softball throw
  - 3 legged race
  - 50m dash
  - Shuttle Run
  - Standing Long Jump
- 12:00** Yoga in the gym
- 1:00** Send-off

## Mother Daughter Fun Day Registration

Make checks payable to *Burnsville High School Girls Track and Field*. Please fill out form completely and return to Burnsville High School Athletics Department c/o Jennifer Fettig 600 Hwy 13 East, Burnsville, MN 55337, or register in the Athletic Office.

PARTICIPANT NAME \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_  
Sizes: CS through AXXL

STREET ADDRESS \_\_\_\_\_ HOME PHONE# \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_ E-MAIL \_\_\_\_\_

EMERGENCY CONTACT \_\_\_\_\_ Emergency PHONE# \_\_\_\_\_

**Additional Participant Information**

PARTICIPANT #2 NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

PARTICIPANT #3 NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

PARTICIPANT #4 NAME \_\_\_\_\_ RELATIONSHIP \_\_\_\_\_ T-SHIRT SIZE \_\_\_\_\_

PAYMENT METHOD  CASH  CHECK TOTAL \$ \_\_\_\_\_

**PARENTAL CONSENT AND LIABILITY FORM**

My son/daughter(s) has my permission to participate in the Mother/Daughter Fun Run, sponsored by the BHS Girls Track & Field Team.

As a condition for my son/daughter and myself participating, I agree to release Burnsville High School, District 191 and or any of its members or representatives from any responsibility for personal injury, theft and/or damages to my property that may occur as a result in this competition.

This form must be signed by each participant and/or parent/guardian.

Participant (under 18) name(s): \_\_\_\_\_

Participant's signature(s) \_\_\_\_\_

Parent/guardian name \_\_\_\_\_

Parent/guardian signature: \_\_\_\_\_ Date: \_\_\_\_\_